

# Lauren Alessi, MD

## Associate Program Director



What I love most about HDVCH and this residency is...the incredible residents with diverse backgrounds who come to this program – a program that seems to attract people with kind personalities.

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### About Me

- I was born and raised in Buffalo, NY, and am a lifelong Bills fan. Go Bills!! I was an EMT in New York City before going to medical school. I met my husband in Pittsburgh where I did my residency and was a Hospitalist for 2 years before deciding I couldn't ignore my urge to do critical care medicine any longer. I stayed in Pittsburgh for my fellowship, and received my Masters in Medical Education during that time. We have an amazing daughter, a golden doodle dog, and a cat with one eye.

### My Training

- Undergraduate: University of Rochester
- Medical School: Stony Brook School of Medicine
- Residency: UPMC Children's Hospital of Pittsburgh
- Fellowship: UPMC Children's Hospital of Pittsburgh

### My Clinical Interests

- Pediatric Critical Care Medicine
- Medical Education
- Simulation
- ECMO

### My Hobbies

- Running on the trails around Grand Rapids.
- Boating and exploring Michigan's lakes and waterways.
- Rapping. Writing rhymes. Listening to hip-hop.

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